



# THE GANNET

ST IVES CORNWALL

## TO START

<b>Soup of the Moment</b> Crusty Bread	£6.95
<b>Crispy Beef Brisket Fritters</b> Tomato & Basil Sauce, Chipotle Mayo	£8.50
<b>Pan-Seared Scallops</b> Celeriac Puree, Toasted Walnut Salad, Crispy Seaweed, Vanilla Dressing	£8.95
<b>Duck Liver Parfait</b> Orange & Clove Butter, Toasted Focaccia, Dressed Leaves	£8.00
<b>Baked Camembert Studded with Garlic &amp; Rosemary (sharing)</b> Roast Mediterranean Vegetables, Toasted Focaccia	£14.95
<b>Scotch Duck Egg</b> Devilled Sauce	£8.95
<b>Crispy Squid</b> Wasabi Aioli, Thai Slaw, Soy, Chilli, Ginger, Dressing	£7.95

## THE GANNET GRILL

<b>Mixed Grill</b> Lamb Chop, Beef Slider, Lamb Kidney, Gammon, Sirloin, Plum Tomato, Mushroom, Fried Egg, Corn on the Cob, Hand-Cut Chips, Onion Rings	£25.50
<b>Vegetable Grill</b> Roast Mediterranean Vegetables, Corn on the Cob, Plum Tomato, Mushroom, Beetroot, Fried Egg, Hand-Cut Chips, Onion Rings	£18.50
<b>Rib Eye Steak 10oz</b> Café de Paris Butter, Hand-Cut Chips, Mushroom, Plum Tomato	£22.50
<b>Sirloin Steak 10oz</b> Café de Paris Butter, Hand-Cut Chips, Mushroom, Plum Tomato	£22.50
<b>Cajun Paprika Rubbed Sirloin of Beef</b> Heritage Tomato, New Potato & Herbs, Whole Grain Mustard Dressing	£22.50

<b>Gammon</b> Hens Egg, Hand-Cut Chips, Pineapple	£14.95
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<b>SAUCES</b> Peppercorn / Mushroom / Blue Cheese	£2.95
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## SALADS

<b>Chicken Caesar Salad</b> Gem Lettuce, Chicken, Croutons, Parmesan, Caesar Dressing, Parma Ham Crisp, Anchovies	£14.95
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<b>House Salad</b> Roasted Peppers, Marinated Goats Cheese, Leaves, Herbs, Balsamic Vinegar, Avocado	£13.95
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If you suffer from a food allergy or intolerance, please let your server know upon placing your order.



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## MAINS

<b>Pan-Roasted Hake Fillet Wrapped in Parma Ham</b>	£17.95/£19.95
Langoustine, Smoked Haddock, Pancetta & Vegetable Chowder or Cider Steamed Shellfish	
<b>Chicken Kiev Crispy Crumb</b>	£16.50
Mashed Potato, Cabbage, Creamy White Wine & Garlic Sauce	
<b>Duo of Duck Leg Lollipop &amp; Breast</b>	£21.95
Rainbow Dauphinoise Potato, Kale, Carrots, Red Wine Jus	
<b>Beef Fillet Tournedos Rossini</b>	£27.95
Garlic & Thyme Crostini, Duck Liver Parfait, Braised Red Cabbage, Carrots, Fondant Potato, Cherry Jus	
<b>Breaded Tiger Prawn Scampi</b>	£17.95
Hand-Cut Chips, Crushed Garden Peas, Tartare Sauce, Lemon	
<b>Beer-Battered Haddock</b>	£15.50
Hand-Cut Chips, Crushed Garden Peas, Tartare Sauce, Lemon	
<b>Pasta Pomodoro</b>	£14.50
Heritage Tomatoes, Olive Oil, Basil, Croutons, Garlic	
<b>Classic Carbonara</b>	£14.95
Linguini, Smoked Pancetta, Parmesan, Mushrooms	
<b>Tempura Vegetables, Sticky Rice</b>	£14.95
Sticky Rice, Thai Slaw, Pickled Ginger, Wasabi Aioli, Soy Chilli, Ginger Dressing	
<b>Gannet Beef &amp; Pulled Brisket Burger</b>	£15.95
Gannet Slaw, St Ives Smoked Cheddar, Skinny Fries	
<b>Chicken, Potato &amp; Leek Pie</b>	£15.95
Kale, Carrots, Creamy White Wine & Garlic Sauce	
<b>Beef, Guinness &amp; Potato Pie</b>	£15.95
Kale, Carrots, Beef Gravy	

## GANNET SIDES

<b>Olives &amp; Bread</b>	£3.95	<b>Gannet Side Salad</b>	£3.95
Oils & Dips		<b>Hand-Cut Chips</b>	£3.95
<b>Macaroni Cheese</b>	£4.50	<b>Loaded Fries</b>	£4.95
<b>Cauliflower Gratin</b>	£3.95	Beef Brisket, Smoked Cheese	
<b>Seasonal Vegetables</b>	£3.95	<b>Cheese Filled Potato Skins</b>	£4.95
<b>Mashed Potatoes</b>	£3.95	<b>Onion Rings</b>	£3.95
<b>Seasonal New Potatoes</b>	£3.95		
<b>Beef Hash</b>	£4.95		

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## GANNET MENU - VEGAN

### TO START

<b>Soup of the Day</b>	£7.00
Crusty Bread with Flora Spread	
<b>Tempura Cauliflower</b>	£7.00
Sesame Seeds, Sweet Chilli Sauce	
<b>Roast Mediterranean Vegetables</b>	£7.00

### MAINS

<b>Roast Whole Aubergine</b>	£14.50
Seasonal Vegetables, Pomodoro Sauce, Herby New Potatoes	
<b>Stuffed Pepper</b>	£14.50
Mediterranean Vegetables, Herb Oil, New Potatoes	
<b>Pulled Jack Fruit Burger</b>	£14.50
Red Onion Confit, House Slaw	
<b>Vegetable Grill</b>	£18.50
Roast Mediterranean Vegetables, Corn on the Cob, Plum Tomato, Mushroom, Beetroot, Hand-cut Chips	
<b>Pasta Pomodoro</b>	£14.50
Heritage Tomatoes, Olive Oil, Basil, Croutons, Garlic	

### DESSERTS

<b>Chocolate Cake</b>	£6.95
Dairy-Free Vanilla Ice Cream, Berries	
<b>Fruit Salad</b>	£6.95
Mango Sorbet	



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## GLUTEN-FREE MENU

### TO START

<b>Soup of the Moment</b> Gluten-Free Bread	£6.95
<b>Pan-Seared Scallops</b> Celeriac Puree, Toasted Walnut Salad, Vanilla Dressing	£8.95
<b>Duck Liver Parfait</b> Orange & Clove Butter, Gluten-Free Bread, Dressed Leaves	£8.00
<b>Baked Camembert Studded with Garlic &amp; Rosemary</b> Roast Mediterranean Vegetables, Gluten-Free Bread	£8.50

### THE GANNET GRILL

<b>Mixed Grill</b> Lamb Chop, Beef Burger, Lamb Kidney, Gammon, Sirloin, Plum Tomato, Mushroom, Fried Egg, Corn on the Cob, Hand-Cut Chips	£25.50
<b>Vegetable Grill</b> Roast Mediterranean Vegetables, Corn on the Cob, Plum Tomato, Mushroom, Beetroot, Fried Egg, Hand-Cut Chips	£18.50
<b>Rib Eye Steak 10oz</b> Café de Paris Butter, Hand-Cut Chips, Mushroom, Plum Tomato	£22.50
<b>Sirloin Steak 10oz</b> Café de Paris Butter, Hand-Cut Chips, Mushroom, Plum Tomato	£22.50
<b>Gammon</b> Hens Egg, Hand-Cut Chips, Pineapple	£14.95

### SAUCES

Peppercorn / Mushroom / Blue Cheese	£2.95
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### SALADS

<b>Chicken Caesar Salad</b> Lettuce, Chicken, Parmesan, Caesar Dressing, Parma Ham Crisp, Anchovies	£14.95
<b>Cajun Paprika Rubbed Sirloin of Beef</b> Heritage Tomato, New Potato & Herbs, Whole Grain Mustard Dressing	£19.95
<b>House Salad</b> Roasted Peppers, Marinated Goats Cheese, Leaves, Herbs, Balsamic Vinegar, Avocado	£13.95



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## MAINS

<b>Pan-Roasted Hake Fillet Wrapped in Parma Ham</b>	£17.95
Langoustine, Smoked Haddock, Pancetta & Vegetable Chowder or Cider Steamed Shellfish, Gluten-Free Bread & Butter	
<b>Beef Fillet Tournedos Rossini</b>	£27.95
Duck Liver Parfait, Braised Red Cabbage, Chantenay Carrots, Fondant Potato, Cherry Jus	
<b>Grilled Haddock</b>	£15.50
Hand-Cut Chips, Crushed Garden Peas, Tartare Sauce, Lemon	
<b>Gluten-Free Pasta Pomodoro</b>	£14.50
Heritage Tomatoes, Olive Oil, Basil, Croutons, Garlic	
<b>Classic Carbonara</b>	£14.95
Gluten-Free Linguini, Smoked Pancetta, Parmesan, Mushrooms	
<b>Gannet Beef &amp; Pulled Brisket Burger</b>	£15.95
Gannet Slaw, St Ives Smoked Cheddar, Fries	

## GANNET SIDES

<b>Olives &amp; Gluten-Free Bread</b>	£3.95	<b>Loaded Fries</b>	£4.95
Oils & Dips		Lardons, Smoked Cheese	
<b>Seasonal Vegetables</b>	£3.95	<b>Beef Hash</b>	£4.95
<b>Mashed Potatoes</b>	£3.95	<b>Gannet House Salad</b>	£3.95
<b>Seasonal New Potatoes</b>	£3.95	<b>Cheese Filled Potato Skins</b>	£4.95
<b>Hand-Cut Chips</b>	£3.95		



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## GANNET PUDDINGS

<b>Baked Vanilla &amp; Strawberry Cheesecake</b> Strawberry Coulis, Mascapone		<b>£6.95</b>
<b>Lemon Meringue Pie</b> Lemon Curd Ice Cream, Lemon Curd, Tuile Crisp		<b>£6.95</b>
<b>Dark Chocolate &amp; Hazelnut Delice</b> Hazelnut Praline, Blow-Torched Meringue		<b>£6.95</b>
<b>Steamed Marmalade Pudding</b> Creme Anglaise, Vanilla Ice Cream		<b>£6.95</b>
<b>Vanilla &amp; Blueberry Panna Cotta</b> Pistachio Cake, Fruit Coulis		<b>£6.95</b>
<b>Selection of Cornish Ice Cream</b> 3 Scoops, Brandy Snap Basket		<b>£5.50</b>
<b>Selection of Sorbet</b> 3 Scoops, Brandy Snap Basket		<b>£5.50</b>
<b>Trio of Cornish Cheese</b> Grapes, Apple, Chutney, Biscuits		<b>£9.95</b>
<b>Dessert Wine</b>		
Black Muscat	100ml Glass	<b>£8.00</b>
Orange Muscat	100ml Glass	<b>£8.00</b>
Pedro Ximenez	50ml Glass	<b>£4.30</b>
<b>Port</b>		
Fonseca #27	50ml Glass	<b>£4.80</b>
Taylor's LBV	50ml Glass	<b>£9.50</b>
Otima Tawny 10	50ml Glass	<b>£4.80</b>



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## LUNCH MENU

### STARTERS/LIGHT

**Soup of the Moment** £6.95  
Crusty Bread

**Crispy Beef Brisket Fritters** £8.50  
Tomato & Basil Sauce, Chipotle Mayo

**Duck Liver Parfait** £8.00  
Orange & Clove Butter, Toasted Sour Dough,  
Dressed Leaves, Grape Chutney

### GANNET CLASSICS

**Bangers & Mash** £12.95  
Red Onion Jus, Kale, Carrots

**Gannet Chicken, Leek & Potato Pie** £12.95  
Kale, Carrots, Creamy Garlic  
& White Wine Sauce

**Ploughman's Lunch** £12.95  
Smoked Cheddar, Honey Roast Ham, Salad,  
Pickles, Chutney, Piccalily, Beetroot, Apple,  
Crusty Bread, Butter

**Breaded Tiger Prawn Scampi** £17.95  
Hand-Cut Chips, Crushed Peas,  
Tartare Sauce, Lemon

**Slow-Cooked Pork Belly** £13.95  
Bubble & Squeak Cake, Roasted Squash,  
Cider Jus

### SALADS

**Chicken Caesar Salad** £14.95  
Lettuce, Chicken, Croutons, Parmesan,  
Caesar Dressing, Parma Ham Crisp, Anchovies

**Cajun Paprika Rubbed Sirloin of Beef** £19.95  
Heritage Tomato, New Potato & Herbs,  
Whole Grain Mustard Dressing

**House Salad** £13.95  
Roasted Peppers, Marinated Goats Cheese,  
Leaves, Herbs, Balsamic Vinegar, Avocado

### TRADITIONAL SANDWICHES

White or Brown Bloomer Bread,  
Dressed Leaves, Gannet Slaw

**Ham & Tomato** £8.95

**Smoked Cheddar & Chutney** £8.95

### OPEN FOCACCIA SANDWICHES

Served with Skinny Fries

**Smoked Salmon** £11.95  
Lemon Dressed Rocket, Crème Fraiche, Capers

**Chargrilled Rump Steak** £14.95  
Roast Shallot, Cornish Blue Cheese,  
Tomato, Baby Gem Lettuce

**Roast Mediterranean Vegetable  
& Goats Cheese** £11.95  
Pesto Dressed Leaves

**Smoked Mackerel Fillets** £10.95  
Lemon Dressed Rocket, Chargrilled Peppers, Pesto

### GANNET SIDES

**Olives & Bread** £3.95  
Oils & Dips

**Seasonal Vegetables** £3.95

**Mashed Potatoes** £3.95

**Seasonal New Potatoes** £3.95

**Hand-Cut Chips** £3.95

**Loaded Fries** £4.95  
Lardons, Smoked Cheese

**Beef Hash** £4.95

**Gannet House Salad** £3.95

**Onion Rings** £3.95



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## JUNIOR GANNETS

### STARTERS

<b>Garlic Bread</b>	£3.95
Ciabatta, Garlic Topping	
<b>Soup of the Moment</b>	£3.95
Crusty Bread, Butter	
<b>Melon Platter</b>	£3.95
Fruit Sauce	

### MAINS

<b>Sausage &amp; Mash</b>	£6.50
Onion Gravy, Carrots	
<b>Battered Haddock &amp; Chips</b>	£6.50
Peas, Tartare Sauce	
<b>Breaded Chicken Goujons</b>	£6.50
Salad, Skinny Fries	
<b>Chicken, Leek &amp; Potato Pie</b>	£7.50
Peas	
<b>Pasta &amp; Tomato Sauce</b>	£5.50
Smoked Cheddar	

### DESSERTS

<b>Sticky Toffee Pudding</b>	£3.90
Sticky Toffee Sauce, Vanilla Ice-Cream	
<b>Gannet Sundae</b>	£4.50
Chocolate & Vanilla Ice Creams, Chocolate Brownie, Cream	
<b>Sorbet or Ice-Cream</b>	£2.95
Choice of Flavours - 2 Scoops	
<b>Vanilla Cheesecake</b>	£3.90
Fruit Coulis	
<b>Coke Float</b>	£2.95
Pepsi, Vanilla Ice-Cream	